

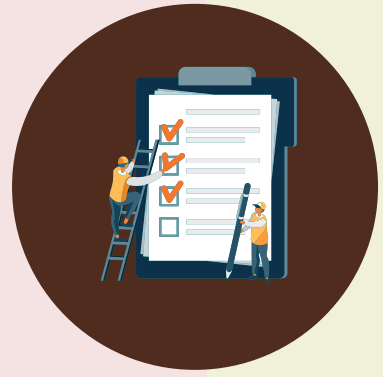
# Anxiety Triggers

**Reading Out Loud**



**Speaking in Front of Others**

**Fear of Being Evaluated**



**Fear of Offending Others**

**Fear of Embarrassment**



**Fear of Conversations with Strangers**

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